

John S. Cate

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Objective

Seeking position utilizing communication, writing and design skills.

Qualifications

- Award-winning journalist with 30 years' experience at daily and community newspapers
- More than 25 years' experience as a section and managing editor
- More than a decade of staff development and training know-how
- Extensive knowledge of Microsoft Windows, Apple Macintosh and GNU/Linux computer systems and software
- Experience with Adobe InDesign, Acrobat and PhotoShop; QuarkXPress, MS Office, LibreOffice, GIMP and NewsEditPro

Professional Honors

- Five-time winner of North Carolina Press Association awards for journalistic excellence in sports photography (first place, 2014), sports news reporting (second place, 2002, third place, 2003 and first place, 2006) and general news reporting (third place, 2002).

Education

- **Bachelor of Science in Information Systems** (candidate), 2026, Strayer University, RTP, NC.
- **Restricted Radiotelephone Operator's Permit**, 1991, Nash Community College, Rocky Mount, NC.

Professional Experience

2021-present: Sports Editor

Sanford Herald/Paxton Media

Sanford, NC

- Solely responsible for all sports at 7,000 circulation daily, in a regional coverage area that included four high schools and a wide variety of youth programs. Position also includes assistance with the production and publication of a number of specialty sections and publications created by the Herald.

2015-20: Sports Editor

Civitas Media/Adams Publishing

Mount Airy, NC

- Serving as regional sports editor for the Mount Airy News and affiliated weeklies starting in September of 2015. Position ended early in 2020 due to COVID-19 pandemic.
- Directly responsible for sports coverage involving four Surry County high schools and occasionally for the other publications, working closely with staff of the weeklies to ensure optimal use of sports personnel throughout the group.

2008-2015: Editor

Merrill Publishing Company

Mount Olive, NC

- Served as editor of the Mount Olive Tribune from May 2008 through September 2015 and also as editor of the Princeton News Leader and Wayne-Wilson News Leader from November 2010 until those papers were sold in May of 2015.
- Carried out the layout and design of up to 40 pages a week in three newspapers, as well as coordination of a staff consisting of up to three full-time staffers and numerous correspondents. Responsible for maintaining websites and managing online promotions, along with some general assignment and sports reporting as required.

1999 - 2007: Editor In Chief/Managing Editor

Garner News/Cleveland Post/F-V Independent

Garner, NC

- Served as editor of three separate newspapers for Heartland Publications: Cleveland Post (7/99-9/07), Fuquay-Varina Independent (10/00-5/01) and Garner News (3/01-9/07).
- As lead editor and designer for several special projects, created the Greater Cleveland Chamber of Commerce Member Directories for 2000-2003, Johnston County Progress 2000, the Best of Garner promotional sections (2002-2006), Best of Johnston County promotional (2003-2007) and Raleigh South Connection's regional Fall Sports promo (2007).
- Carried out the layout and design of up to 30 pages a week in two newspapers, as well as coordination of a staff consisting of up to five full-time staffers and numerous correspondents. Created one of the Triangle's first newspaper websites (ClevelandPost.com in April 2000) and designed the original Garner News and Fuquay Independent sites as well.
- Trained staff for transition to pagination and four-color process printing in early 2000.

1998 - 1999: Sports Editor

Garner News/Cleveland Post

Garner, NC

- Responsible for all sports coverage, photography and occasional general assignment work for two community newspapers, in a coverage area that includes two high schools, three middle schools and two youth leagues.
- Created layouts and designs of up to five pages a week in the two newspapers and conceived a pullout section and a 10-page special section on football.

1996 - 1997: Sports Editor

The Daily Dispatch

Henderson, NC

- Responsible for all sports at 10,000 circulation daily, in a regional coverage area that included four high schools, five middle schools and one private academy, plus occasional coverage of college sports. Supervised one full-time and one part-time staffer.
- Layout and design of up to 10 pages a day, six days a week, plus three special sections a year.

1994 - 1996: Sports Writer

The Daily Dispatch

Henderson, NC

- Handled coverage of numerous sporting events in Vance, Granville and Warren counties, including high school, college and other events.

Additional Experience

Part-time sports writer for Rocky Mount Telegram (1993-94) prior to accepting Henderson position. Worked on numerous occasions over the past 25 years as a contract employee of businesses, nonprofit organizations and political campaigns to produce newsletters, public relations materials and social media postings. Published in several other periodicals and electronic media outlets over the years, including newspapers (*Winston-Salem Journal*, *News and Observer*, *Fayetteville Observer*), periodicals (*FLW Outdoors* magazine), and electronic media for sports (iHigh.com, NCHomeTeam.com), entertainment (NightwishNorthAmerica.com) and technology (K6Plus.com).